

ACE Activity Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
CLOSED	CLOSED	"Coffee Trekkers" Walking Group Ladies 11-12 YOGA 1-2 Floor Hockey 2-3 (Pick up @ 1:30) Bingo 3:00--4:00	Bowling 1:30- 2:30 Functional Fitness 11:00-12:00 Knitting Group 3:00-4:00 Movie Night 4:30 - 6:30	Tai Chi with Tom 1:00-2:00 "Coffee Trekkers" Walking Group Gentlemen 2:00-3:00	Functional Fitness 11:00-12:00 Chess 3-5	Crib 1:00 - 3:00
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ACE
1139 6th Avenue
Prince George, BC
V2L 5G6
250-564-3396

Hours
Tuesday-Friday 11-7
Saturday 12-7
Closed Sunday, Monday & Holidays

Laundry Room Hours	Kitchen Hours
Tuesday 11-12:30 2:15-3:45	Tuesday 11-4
Wednesday 11-3:45	Wednesday 11-4
Thursday 11-1:30 2:30-3:45	Thursday 11-4
Friday 11-3:45	Friday 11-4
Saturday 12-3:45	Saturday 12-4