

# Prince George Care Services Contact Information

## Distress Centres and Services

Crises Centre For Persons in Emotional Crisis  
Prince George ..... 250-563-1214

Poison Control Centre ..... 1-800-567-8911

Problem Gambling  
Help Line (24hr) ..... 1-888-795-6111

Quit Now! Smokers Help Line ..... 1-877-455-2233

Sexual Assault Centre of  
Prince George ..... 250-564-8302

Suicide Distress Line ..... 1-800-SUICIDE  
Toll Free ..... 1-800-784-2433

Victim LINK  
24 hr. Help and Information Line ..... 1-800-563-0808

## Addiction Services

AA Prince George Intergroup ..... 250-564-7550

Adult Community Addiction Services  
6986 Hart Hwy Pr Geo ..... 250-962-9834

Alcohol and Drug Services  
1350 Alward St Pr Geo ..... 250-567-2107

Problem Gambling  
Help Line (24hr) ..... 1-888-795-6111

Quit Now! Smokers Help Line ..... 1-866-866-0800

## Shelters

Elizabeth Fry Shelter ..... 250-564-5868

Elizabeth Fry Society  
Pr Geo ..... 250-563-1113

Phoenix Transition Society ..... 250-563-7305

Quebec Street Shelter  
Pr Geo ..... 250-562-6262

## **Community Health Services**

Aids and STD/HIV Information ..... 1-800-661-4337

Alzheimer Society Of BC ..... 1-800-667-3742

Alzheimer Society Of Prince George  
575 Quebec St Pr Geo ..... 250-564-7533

Arthritis Society Answer Line ..... 1-800-321-1433

Brain Injured Group Society  
1237 4th Ave Pr Geo ..... 250-564-2447

Breast Screening Mammography  
Program of BC ..... 1-800-663-9203

Canadian National Institute  
For The Blind (CNIB) ..... 1-800-563-2642

Canadian Mental Health Assn  
555 George St Pr Geo ..... 250-564-8644

Canadian Red Cross Society  
1399 6th Ave Pr Geo ..... 250-564-6566

Carefree Society  
2832 Queensway Pr Geo ..... 250-562-1394

Diabetes Resource Centre ..... 1-800-268-4656

Epilepsy Society Of BC ..... 1-866-374-5377

Heart and Stroke Foundation Of BC and Yukon  
1470 7th Ave Pr Geo ..... 250-562-8611

Kidney Foundation Of Canada ..... 1-800-361-7494

Learning Difficulties Centre Of  
Northern BC ..... 250-564-8011

Meals On Wheels ..... 250-564-9100 or 250-565-4778

Medical Services Plan ..... 1-800-663-7100

Mental Health Information Of BC ..... 1-800-661-2121

Multiple Sclerosis Society ..... 1-800-268-7582

Parkinson Society Of BC ..... 1-800-668-3330

Paraplegic Association Of BC ..... 1-877-324-3611

## **Family Services**

Active Support Against Poverty ..... 250-563-6112

BC Safe School Centre ..... 1-800-224-SAFE(7233)

Canadian Association  
Of Food Banks ..... 1-877-535-0958

Canadian Red Cross Society ..... 250-564-6566

Carefree Society ..... 250-562-1394

Child Care Resource and Referral Program  
Prince George and Area ..... 250-563-2483

Credit Counselling  
Of Prince George ..... 1-888-527-8999

Diabetes Resource Centre ..... 1-800-268-4656

Epilepsy Society of BC ..... 1-866-374-5377

Family Services Society  
Of Prince George ..... 250-564-3515

Heart and Stroke Foundation Of BC and Yukon  
1470 7th Ave Pr Geo ..... 250-562-8611

Kidney Foundation  
of Canada ..... 1-800-361-7494

Learning Difficulties Centre Of  
Northern BC ..... 250-564-8011

Literacy BC ..... 1-800-663-1293

Meals on Wheels ..... 250-564-9100 or 250-565-4778

Parent Support Services  
Society Of BC ..... 1-800-665-6880

## **Senior Services**

Bus Pass For Seniors and Disabled  
..... 1-866-866-0800

Heart and Stroke Foundation Of BC and Yukon  
1470 7th Ave Pr Geo..... 250-562-8611

Health and Seniors  
Info Line ..... 1-800-465-4911

Old Age Security and  
Canada Pension Plan ..... 1-800-277-9914

Prince George Council of Seniors ..... 250-564-9100

Prince George Metis Elders Society  
118-1600 3rd Ave., Pr Geo ..... 250-562-2771

Prince George Rotary Hospice  
3089 Clapperton Pr Geo ..... 250-563-2551

Senior Citizens Activity Centre  
425 Brunswick Pr Geo ..... 250-564-3287

Seniors Supplement ..... 1-866-866-0800

Shelter Aid For Elderly Renters ..... 1-800-257-7756